

OCTOBER | 2022



John R Lea Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Hotdog or Coney dog Baked beans Carrots /Ranch Pretzels Peaches</p>	<p>4 Baked Potato Bar Chili Cheese Broccoli Mandarin Oranges Pudding</p>	<p>5 Bosco Cheese Sticks or Calzones Marinara Sauce Green Beans Pears Apple Sauce</p>	<p>6 Grilled Cheese Sandwich Tomato Soup Coleslaw Peas Mixed Fruit</p>	<p>7 Walking Taco or Soft Taco W/Salsa,Lettuce,Cheese Refried Beans Pineapples Cookie</p>
<p>10 Hamburger or Cheeseburger W/ Lettuce,Onion Pickle Potato Smiles Peaches Applesauce</p>	<p>11 Pasta Bar W/Meat Sauce or Alfredo Sauce Garlic Bread Stick Green Beans Mandarin Oranges</p>	<p>12 Lem's Pizza Pepperoni or Cheese Tossed Salad Carrots /Dip Pears Chips</p>	<p>13 Breakfast for Lunch Bacon and Egg McMuffin Sausage Pancake Wraps Hashbrowns Pineapple</p>	<p>14 -No School-</p>
<p>17 Popcorn Chicken Mashed Potatoes Gravy Corn Peaches Roll & Butter</p>	<p>18 Baked Spaghetti Calzone Tossed Salad Garlic Bread Stick Mandarin Oranges</p>	<p>19 Taco Salad W/Doritos or Chef Salad Roll & Butter Black Beans Corn Pear</p>	<p>20 Sausage Gravy or Turkey Gravy over Biscuits Peas Mixed Fruits</p>	<p>21 BBQ Pork or Sloppy Jo Baked Beans Roasted Carrots Pineapples Ice Cream</p>
<p>24 Pepperoni Cheese Stick or Bosco W/ Marinara Green Beans Peaches Apple Sauce</p>	<p>25 Meatball Subs Italian Sausage Sandwich Corn Mandarin Oranges Cookie</p>	<p>26 Lem's pizza Pepperoni and Cheese Tossed Salad Carrots/Dip Pears Chips</p>	<p>27 Chicken Strips Reg or Spicy Broccoli Mixed Fruit Apple Sauce</p>	<p>28 Chicken Fajitas Taco Soup Black Beans Pineapple Chips</p>
<p>31 Chicken Patty Egg Salad Sandwich Peaches Apple Sauce Pudding</p>	<p>1 Breakfast Available Daily All Breakfast must include 2 components With one being fruit or juice \$1.50 Regular \$.25 Reduced Free</p>		<p>3</p>	<p>4</p>

Lunch Prices

Regular \$2.90
Reduced \$.40
Free
Adult \$3.65

*Daily Main Dish
Alternatives*

*Yogurt Parfait
W/ Fruit and Granola
Peanut Butter and
Jelly Uncrustable*

*Each lunch must have
3 components with 1
being a fruit or
vegetable*

*All lunches include
Milk*

***Menu subject to
change without
notice.....***

***This Institution is
an Equal
Opportunity
Provider***